

**PSHE Curriculum Coram Scarf Units - Key Stage 1 A (Even Years)**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<b>Me &amp; My Relationships</b>	<b>Valuing Difference</b>	<b>Keeping Myself Safe</b>	<b>Rights &amp; Responsibilities</b>	<b>Being My Best</b>	<b>Growing &amp; Changing</b>
<b>Pre-school Nursery</b>	1.Marvellous Me! 2.I'm Special 3.People who are special to me	1.Me and my friends 2.Friends and family Including everyone	1.People who help me and keep me safe 2.Safety indoors and outdoors 3.What's safe to go into my body	1.Looking after myself 2. Looking after others 3.Looking after my environment t	1.What does my body need? 2. I can keep trying 3. I can do it!	1. Growing and changing in nature 2.When I was a baby 3.Girls, boys and families
<b>Holly Year R Units</b>	1. All About Me 2. What makes me special? 3. Me & my special people 4. Who can help me? 5. My feelings 6. My feelings 2	1. I'm special, you're special 2. Same and different 3. Same and different families 4. Same and different homes 5. I am caring 6. I am a friend	1. What's safe to go on my body 2. Keeping myself safe – What's safe to go into my body (including medicines) 3. Safe indoors and outdoors 4. Listening to my feelings 5. Keeping safe online 6. People who keep me safe	1. Looking after my special people 2. Looking after my friends 3. Being helpful at home and at school 4. Caring for our world 5. Looking after money 1 6. Looking after money 2	1. Bouncing back when things go wrong 2. Yes I can! 3. Healthy eating 1 4. My healthy mind 5. Move your body 6. A good night's sleep	1. Seasons 2. Life stages – plants, animals, humans 3. Life Stages: Human life stages – who will I be? 4. Where do babies come from? * 5. Getting bigger 6. Me and my body – girls and boys
<b>Maple Y1 Units</b>	1. Why we have classroom Rules 2. How are you listening? 3.Thinking about feelings 4. Our feelings 5. Feelings & bodies 6. Good friends	1. Same or different? 2. Unkind, tease or bully? 3. Harold's school rules 4. It's not fair! 5. Who are our special people? 6. Our special people balloons	1. Super sleep 2. Who can help? 3. Good or bad touches 4.Sharing pictures 5.What could Harold do? 6.Harold loses Geoffrey	1. Harold's has a bad day 2. Around and about the school 3. Taking care of something 4. Harold's money 5. How should we look after our money? 6. Basic first aid	1. I can eat a rainbow 2. Eat well 3.Harold's wash and brush up 3. Catch it, bin it, kill it! 4. Harold learns to ride his bike 5. Pass on the praise	1. Inside my wonderful body (Being my best unit) 2. Healthy me 3. Then and now 4.Taking care of baby 5. Who can help? 6. Surprises and secrets 7. Keeping privates private **

\* Do not introduce the word 'sperm'

\*\* Reinforce the message using the NSPCC 'Pants' resources: <https://learning.nspcc.org.uk/media/1387/underwear-rule-resources-lesson-plan.pdf>

**PSHE Curriculum Coram Scarf Units - Key Stage 2 YEAR A**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me & My Relationships	Valuing Difference	Keeping Myself Safe	Rights & Responsibilities	Being My Best	Growing & Changing
<b>Willow Y3 Units</b>	<ol style="list-style-type: none"> <li>As a rule</li> <li>Looking after our special people</li> <li>How can we solve this problem?</li> <li>Friends are special</li> <li>Thunks</li> <li>Dan's Dare</li> </ol>	<ol style="list-style-type: none"> <li>Respect and challenge</li> <li>Family and friends</li> <li>My community</li> <li>Our friends and neighbours</li> <li>Let's celebrate our differences</li> <li>Zeb</li> </ol>	<ol style="list-style-type: none"> <li>Safe on unsafe?</li> <li>Danger or risk?</li> <li>The risk robot</li> <li>Super searcher</li> <li>Help or harm?</li> <li>Alcohol and cigarettes</li> <li>Raisin Challenge</li> </ol>	<ol style="list-style-type: none"> <li>Helping each other to stay safe.</li> <li>Recount task</li> <li>Our helpful volunteers</li> <li>Can Harold afford it?</li> <li>Earning money</li> <li>Harold's environment project</li> </ol>	<ol style="list-style-type: none"> <li>Derek cooks dinner</li> <li>Poorly Harold</li> <li>Body team work 4.For or against?</li> <li>I am fantastic!</li> <li>Top talents</li> <li>Getting on with your nerves</li> </ol>	<ol style="list-style-type: none"> <li>Relationship tree</li> <li>Body space</li> <li>None of your business!</li> <li>Secret or surprise?</li> <li>Basic first aid</li> </ol> <p align="center"><b>My changing body – moved to Y4</b></p>
<b>Rowan Y4 Units</b>	<ol style="list-style-type: none"> <li>Human machines</li> <li>Ok or not ok, part 1</li> <li>Ok or not ok part 2</li> <li>An email from Harold</li> <li>Different feelings</li> <li>Under pressure</li> </ol>	<ol style="list-style-type: none"> <li>Can you sort it?</li> <li>What would I do?</li> <li>The people we share our world with</li> <li>That is such a stereotype!</li> <li>Friend or acquaintance?</li> <li>Islands</li> </ol>	<ol style="list-style-type: none"> <li>Danger, risk or hazard?</li> <li>How dare you!</li> <li>Keeping ourselves safe</li> <li>Raisins challenge 2</li> <li>Picture wise</li> <li>Medicines: check the label</li> </ol>	<ol style="list-style-type: none"> <li>Who helps us stay healthy and safe?</li> <li>It's your right</li> <li>How do we make a difference?</li> <li>In the news</li> <li>Safety in numbers</li> <li>Why pay taxes?</li> </ol>	<ol style="list-style-type: none"> <li>What makes me ME!</li> <li>Making choices</li> <li>SCARF Hotel</li> <li>Harold's 7 R's</li> <li>My school community</li> <li>Basic first aid</li> </ol>	<ol style="list-style-type: none"> <li>My changing body (Y3 lesson)</li> <li>Moving house</li> <li>My feelings are all over the place!</li> <li>All change *</li> <li>Preparing for periods</li> <li>Secret or surprise?</li> <li>Together</li> </ol>
<b>Oak Y5 Units</b>	<ol style="list-style-type: none"> <li>Collaboration challenge</li> <li>Give and take</li> <li>How good a friend are you?</li> <li>Relationship cake recipe</li> <li>Our emotional needs</li> <li>Being assertive</li> </ol>	<ol style="list-style-type: none"> <li>Qualities of friendship</li> <li>Kind conversations</li> <li>Happy being me</li> <li>The land of the red people</li> <li>Is it true?</li> <li>Stop, start, stereotypes***</li> </ol>	<ol style="list-style-type: none"> <li>Spot bullying</li> <li>Play, like, share</li> <li>Decision dilemmas</li> <li>Ella's diary dilemma</li> <li>Vaping: healthy or unhealthy?</li> <li>Would you risk it?</li> </ol>	<ol style="list-style-type: none"> <li>What's the story?</li> <li>Fact or opinion?</li> <li>Mo makes a difference</li> <li>Rights, respect and duties</li> <li>Spending wisely</li> <li>Lend us a fiver!</li> </ol>	<ol style="list-style-type: none"> <li>It all adds up</li> <li>Different skills</li> <li>My school community</li> <li>Independence and responsibility</li> <li>Star qualities</li> <li>Basic first aid, including Sepsis Awareness</li> </ol>	<ol style="list-style-type: none"> <li>How are they feeling?</li> <li>Taking notice of our feelings</li> <li>Dear Ash</li> <li>Growing up and changing bodies</li> <li>Changing bodies and feelings *</li> <li>Help! I'm a teenager</li> </ol>

\* Do not mention FGM in Year 5.

PSHE Curriculum Coram Scarf Units Key Stage 1 YEAR B (odd years)						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me & My Relationships	Valuing Difference	Keeping Safe	Rights & Responsibilities	Being My Best	Growing & Changing
<b>Pre-school Nursery</b>	1.Marvellous Me! 2.I'm Special 3.People who are special to me	1.Me and my friends 2.Friends and family Including everyone	1.People who help me and keep me safe 2.Safety indoors and outdoors 3.What's safe to go into my body	1.Looking after myself 2. Looking after others 3.Looking after my environment t	1.What does my body need? 2,I can keep trying 3.I can do it!	1. Growing and changing in nature 2.When I was a baby 3.Girls, boys and families
<b>Holly Y1 Units</b>	1. Why we have classroom Rules 2. How are you listening? 3.Thinking about feelings 4. Our feelings 5. Feelings & bodies 6. Good friends	1. Same or different? 2. Unkind, tease or bully? 3. Harold's school rules 4. It's not fair! 5. Who are our special people? 6. Our special people balloons	1. Super sleep 2. Who can help? 3. Good or bad touches 4.Sharing pictures 5.What could Harold do? 6.Harold loses Geoffrey	1. Harold's has a bad day 2. Around and about the school 3. Taking care of something 4. Harold's money 5. How should we look after our money? 6. Basic first aid	1. I can eat a rainbow 2. Eat well 3.Harold's wash and brush up 3. Catch it, bin it, kill it! 4. Harold learns to ride his bike 5. Pass on the praise	1. Inside my wonderful body (Being my best unit) 2. Healthy me 3. Then and now 4.Taking care of baby 5. Who can help? 6. Surprises and secrets 7. Keeping privates private *
<b>Maple Y2 Units</b>	1. Our ideal classroom 1 & 2 2. How are you feeling today? 3. Let's all be happy! 4. Being a good friend 5. Types of bullying 6. Don't do that! 7. Bullying or teasing?	1. What makes us who we are? 2. My special people 3. How do we make others feel? 4. When someone is feeling left out 5. An act of kindness 6. Solve the problem	1.Harold's picnic 2. How safe would you feel? 3. What should Harold say? 4. I don't like that! 5. Fun or not? 6. Should I tell?	1. Getting on with others 2. When I feel like erupting 3. Feeling safe 4. Playing games 5. Harold saves for something special 6.How can we look after our environment?	1. You can do it 2. My day 3. Harold's postcard - Helping us to keep clean and healthy 4. Harold's bathroom 5. What does my body do? 6. Basic First Aid	1. A helping hand 2. Sam moves away 3. Haven't you grown! 4. My body, your body 5. Respecting privacy 6. Some secrets should never be kept

\* Reinforce the message using the NSPCC 'Pants' resources: <https://learning.nspcc.org.uk/media/1387/underwear-rule-resources-lesson-plan.pdf>

PSHE Curriculum Coram Scarf Units Key Stage 2 YEAR B (Odd years)						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Me & My Relationships	Valuing Difference	Keeping Myself Safe	Rights & Responsibilities	Being My Best	Growing & Changing
<b>Willow</b> Y4 Units	<ol style="list-style-type: none"> <li>1. An email from Harold</li> <li>2. Ok or not ok, parts 1 &amp; 2</li> <li>3. Human machines</li> <li>4. Different feelings</li> <li>5. When feelings change</li> <li>6. Under pressure</li> </ol>	<ol style="list-style-type: none"> <li>1. Can you sort it?</li> <li>2. Islands</li> <li>3. Friend or acquaintance?</li> <li>4. What would I do?</li> <li>5. The people we share our world with</li> <li>6. That is such a stereotype!</li> </ol>	<ol style="list-style-type: none"> <li>1. Danger, risk or hazard?</li> <li>2. Picture wise</li> <li>3. How dare you!</li> <li>4. Medicines: check the label</li> <li>5. Know the norms</li> <li>6. Keeping ourselves safe</li> <li>7. Raisins challenge 2</li> </ol>	<ol style="list-style-type: none"> <li>1. Who helps us stay healthy and safe?</li> <li>2. It's your right</li> <li>3. How do we make a difference?</li> <li>4. In the news</li> <li>5. Safety in numbers</li> <li>6. Logo quiz</li> <li>7. Harold's expenses</li> <li>8. Why pay taxes?</li> </ol>	<ol style="list-style-type: none"> <li>1. What makes me ME!</li> <li>2. Making choices</li> <li>3. SCARF Hotel</li> <li>4. Harold's 7 R's</li> <li>5. My school community</li> <li>6. Basic first aid</li> </ol>	<ol style="list-style-type: none"> <li>1. My changing body (Y3 lesson)</li> <li>2. Moving house</li> <li>3. My feelings are all over the place!</li> <li>4. All change *</li> <li>5. Preparing for changes at puberty</li> <li>6. Secret or surprise?</li> <li>7. Together</li> </ol>
<b>Rowan</b> Y5 Units	<ol style="list-style-type: none"> <li>1. Collaboration challenge</li> <li>2. Give and take</li> <li>3. How good a friend are you?</li> <li>4. Relationship cake recipe</li> <li>5. Being assertive</li> <li>6. Our emotional needs</li> <li>7. Communication</li> </ol>	<ol style="list-style-type: none"> <li>1. Qualities of friendship</li> <li>2. Kind conversations</li> <li>3. Happy being me</li> <li>4. The land of the red people</li> <li>5. Is it true?</li> <li>6. It could happen to anyone</li> </ol>	<ol style="list-style-type: none"> <li>1. 'Thinking' about habits</li> <li>2. Jay's dilemma</li> <li>3. Spot bullying</li> <li>4. Ella's diary dilemma</li> <li>5. Decision dilemmas</li> <li>6. Play, like, share</li> <li>7. Drugs: true or false?</li> <li>8. Smoking – what is normal?</li> <li>9. Would you risk it?</li> </ol>	<ol style="list-style-type: none"> <li>1. What's the story?</li> <li>2. Fact or opinion?</li> <li>3. Rights, responsibilities and duties</li> <li>4. Mo makes a difference</li> <li>5. Spending wisely</li> <li>6. Lend us a fiver!</li> <li>7. Local councils</li> </ol>	<ol style="list-style-type: none"> <li>1. Getting fit</li> <li>2. It all adds up</li> <li>3. Different skills</li> <li>4. My school community</li> <li>5. Independence and responsibility</li> <li>6. Star qualities</li> <li>7. Basic first aid</li> </ol>	<ol style="list-style-type: none"> <li>1. How are they feeling?</li> <li>2. Taking notice of our feelings</li> <li>3. Dear Ash</li> <li>4. Changing bodies and feelings **</li> <li>5. Growing up and changing bodies</li> <li>6. Help! I'm a teenager</li> </ol>
<b>Oak</b> Y6 Units	<ol style="list-style-type: none"> <li>1. Working together</li> <li>2. Solve the friendship problem</li> <li>3. Behave yourself 4. Assertiveness skills</li> <li>5. Don't force me ****</li> <li>6. Acting appropriately ***** <i>see below</i></li> </ol>	<ol style="list-style-type: none"> <li>1. Ok to be different</li> <li>2. We have more in common than not</li> <li>3. respecting differences</li> <li>4. Tolerance and respect for others</li> <li>5. Advertising friendships 6. Boys will be boys? challenging gender stereotypes</li> </ol>	<ol style="list-style-type: none"> <li>1. Think before you click</li> <li>2. To share or not to share?</li> <li>3. Rat Park</li> <li>4. What sort of drug is...?</li> <li>5. Drugs – it's the law</li> <li>6. Alcohol – what is normal?</li> </ol>	<ol style="list-style-type: none"> <li>1. Two sides to every story</li> <li>2. Facebook friends</li> <li>3. What's it worth?</li> <li>4. Happy shoppers – caring for the environment</li> <li>5. Democracy in Britain 1 &amp; 2</li> </ol>	<ol style="list-style-type: none"> <li>1. This will be your life!</li> <li>2. Our recommendations</li> <li>3. What's the risk? 1</li> <li>4. What's the risk? 2</li> <li>5. Basic first aid, including Sepsis Awareness</li> <li>6. Five ways to wellbeing</li> </ol>	<ol style="list-style-type: none"> <li>1. I look great!</li> <li>2. Media manipulation</li> <li>3. Pressure online</li> <li>4. Helpful or unhelpful? Managing change</li> <li>5. Is this normal?</li> <li>6. Making babies</li> </ol>

\* Year 4 girls only

\*\* Do not mention FGM.

\*\*\* Alternative resources needed

\*\*\*\* focus on arranged marriages

\*\*\*\*\* Use NSPCC resources instead: <https://learning.nspcc.org.uk/media/1387/underwear-rule-resources-lesson-plan.pdf>

**Y6 Lesson 5: Is this normal? Don't mention FGM explicitly.**